



FOR IMMEDIATE RELEASE

January 22, 2020

CONTACT: Melissa Nichols, 908-684-5006



***Heath Village and Atlantic Health System's New Vitality program
co-host Senior Seminar on***

Gender Matters: The Impact on Heart Health

Washington Township, Morris County – In recognition of Heart Month, members of the public are invited to join Heath Village residents on **Thursday, February 13 at 2:00 p.m.** for a free senior seminar featuring Lenore Blank, nurse practitioner, from Atlantic Health System. The program is being held in the auditorium at Heath Village Retirement Community located at 430 Schooley's Mountain Road in Hackettstown.

Although heart disease is the leading cause of death among both sexes, the incidence, risk factors, symptoms and treatment options vary. During her presentation, Blank will discuss these differences and will also present tips on lifestyle modifications to help lower your risk of heart disease.

Light refreshments will be served. We hope you will join us for this important program.

While the event is free; space is limited, and reservations are required. To register, or for additional information, please call Heath Village at 908-684-5006 or New Vitality at Hackettstown Medical Center at 844-472-8499.

About Heath Village Retirement Community

Heath Village is a full-service retirement community located at 430 Schooley's Mountain Road in Washington Township, Morris County. For further information, please call 908-852-4801 or visit us on our website at www.heathvillage.com. Like us on Facebook at www.facebook.com/heathvillage.

About Atlantic Health System

[Atlantic Health System](#) has a long-standing tradition of providing exceptional patient outcomes and experiences. Home to seven award-winning hospitals including Morristown Medical Center, the number one hospital in NJ according to U.S. News & World Report, Castle Connolly and Newsweek's World's Best Hospitals, the system has been ranked first in New Jersey in consumer preference by Monigle and first among health systems in New Jersey as a "best workplace" by both Modern Healthcare and Fortune Magazine

Many of the system's programs have received national accolades and designations, including Morristown Medical Center's Cardiology and Heart Surgery program ranked among the top 30 in the nation by U.S. News and World Report; Morristown Medical Center's Orthopedics program ranked among the top 35 in the nation by U.S. News and World Report and Atlantic Health System's Cancer Care program, New Jersey's first and only National Cancer Institute National Community Oncology Research Program. Additionally, Atlantic Health System Neuroscience at Overlook Medical Center, working with Atlantic Mobile Health, was the first in the nation to deploy and use portable Telestroke technology in ambulances for routine pre-hospital assessment of stroke patients.

Powered by a passionate workforce of 17,000 team members and 4,800 affiliated physicians dedicated to building healthier communities, Atlantic Health System serves more than half of the state of New Jersey, including 11 counties and 4.9 million people. The system provides care for the full continuum of health needs across a wide array of settings, including Atlantic Medical Group, one of the largest multi-specialty practices in New Jersey with more than 1,000 physicians and providers, 12 urgent care centers, Atlantic Rehabilitation Institute, Atlantic Home Care and Hospice and Atlantic Anywhere's Virtual Visits. Facilitating connections between these services on both land and air is the transportation fleet of Atlantic Mobile Health.

With a clear sense of purpose and an unparalleled culture, Atlantic Health System attracts top leaders in the field of health care, from CEO Brian Gragnolati, who was Chairman of the American Hospital Association in 2019, to the numerous team members who serve as leaders across national clinical associations and research entities.